



Thursday, April 27, 2023
Volume 42 Number 1

Welcome to ASPAN's 42nd National Conference!

ASPAN is delighted you are here for its 42nd National Conference at the beautiful Gaylord Rockies Resort and Convention Center in Denver, Colorado. This year's theme is *Heart and Science of Caring: Collaboration. Purpose. Advocacy. Excellence.* Multitudes of educational sessions, fun events, and networking opportunities are waiting for you!

Enjoy the Mile High City and Beautiful Colorado!

The Gaylord Rockies Resort and Convention Center is a tourist destination in itself. However, if you choose to venture off the property, visit the National Conference Hospitality Desk for great ideas for your inner tourist. Denver and Colorado are well known for their scenic destinations, shopping, restaurants, museums, and much more. You can also visit these websites for more information on the many visitor opportunities in Denver and the beautiful state of Colorado:

- 1. Denver. Wikipedia website. Accessed January 29, 2023. https://en.wikipedia.org/wiki/Denver
- 2. Aurora, Colorado, Wikipedia website. Accessed January 29, 2023. https://en.wikipedia.org/wiki/Aurora, Colorado
- 3. Denver The Mile High City. Denver.org website. Accessed January 29, 2023. https://www.denver.org/
- **4.** Come to Life Colorado. Colorado.com website. Accessed January 29, 2023. https://www.colorado.com/cities-and-towns/denver
- **5.** 25 Best Things to Do in Denver, Colorado. The Crazy Tourist website. Accessed January 29, 2023. https://www.thecrazytourist.com/25-best-things-denver-colorado
- 6. Colorado Tourism. Accessed January 29, 2023. https://www.colorado.com
 - → Please check your pocket guide onsite for final meeting room assignments ←

Preconference Education

Thursday, April 27: 8:00 am - 4:55 pm: Kristine O'Neill, MSN, RN, CPAN; Lisa Terry, BSN, RN, CPAN; Helen Fong, DNP, RN, CPAN, PHN, FASPAN; and Jacque Crosson, DNP, RN, CPAN, FASPAN, will present *Management Essentials*.

Preregistration with an additional fee is required for the Preconference Education.

Host/Hostess Orientation

Thursday, April 27: 4:00 pm - 5:00 pm

First Timers Orientation

Thursday, April 27: 5:15 pm – 6:15 pm **Friday, April 28:** 7:15 am – 8:15 am

Representative Assembly

Thursday, April 27: 9:00 am – 5:00 pm: The Representative Assembly (RA), facilitated by President Connie Hardy Tabet, MSN, RN, CPAN, CAPA, FASPAN, will meet for informal hearings during the morning to discuss questions, issues, and topics related to where ASPAN is today. The candidates for national office will also make their presentations.

The RA formal session will be held in the afternoon to conduct ASPAN business and determine ASPAN's future. All conference attendees are welcome. Come watch your organization at work!

Conference Handouts

Outlines will be available for downloading from the ASPAN website beginning April 20, 2023, through July 9, 2023. Attendees will have the ability to print all handouts, or only the sessions of interest to them, or save them to their devices. Please note: it is the individual speaker's decision whether to allow ASPAN to post their PowerPoint presentation on ASPAN's website.

The ASPAN Shoppe

Spend some time in the ASPAN Shoppe when you are here. The Shoppe is full of items to bring home for yourself and your colleagues, including ASPAN publications and many unique ASPAN souvenirs. Hours will be posted at the Shoppe.

Regional and Component Gatherings

ASPAN's five regional groups, as well as individual components and other groups, may be gathering during the conference. Look for announcements of these events posted in the Registration area at the conference or in *National ParticularS* online.

RMPANA Hospitality Desk

Please stop by for information on activities and tourist ideas. Also, get your National Conference pin before they run out! The proceeds will be donated to a local charity at the conclusion of the conference.

Host/Hostess Volunteer Needs

There are a few needs yet. If interested, please reach out to Sana Zamarripa at sanazam@comcast.net

Got a Question?

RMPANA members and volunteers will be sporting tie-dye scarves in some fashion throughout National Conference, so do not hesitate to reach out with questions or just to say, "Hi."

High Altitude Tip of the Day

Hydrate, hydrate, hydrate. Coffee and alcohol do not count – they will dehydrate you further. If you drink coffee and alcohol, just replenish with further water.

Special Conference Events

"The Happening"

Thursday, April 27: 7:00 pm – 9:00 pm: *Come to the Mountains!* Meet old friends and new, take time to relax. Live music, dancing, light food, and a cash bar. Come join us!

Opening Ceremonies and Keynote Speaker

Friday, April 28: 9:00 am – 12:00 pm: Come celebrate ASPAN during its Opening Ceremonies. Get excited about the conference and our unique nursing specialty. Hear President Connie Hardy Tabet's presidential address. Stay for the keynote speaker, Kari Knutson, for her talk on *Thriving Through Change*.

CPAN/CAPA Celebration Luncheon

Friday, April 28: 12:15 pm – 2:15 pm: Join other CPAN and CAPA certified nurses for a celebration luncheon. The lunch includes speaker and mindset expert Karen Allen who will motivate you to achieve your full potential. **Preregistration with an additional fee is required.**

Exhibit Hall Grand Opening

Friday, April 28: 6:00 pm – 8:00 pm: Join ASPAN leaders as they cut the ribbon to open the Exhibit Hall. Visit with the vendors, see the latest products, and thank our vendors for their support of ASPAN. Exhibit hours will be listed in your pocket guide onsite.

ASPAN Development Silent Auction

While in the Exhibit Hall, visit the Silent Auction, benefiting ASPAN Development for scholarships, awards, and public awareness and education. Bid high, bid often! If you would like to donate an item to the Silent Auction, please bring it to the Registration Desk by Friday, April 28, at 12:00 noon.

ASPAN Development Breakfast

Sunday, April 30: 6:30 am – 8:30 am: Begin Sunday morning by earning .75 contact hours, and honoring your friends and colleagues with *Hail, Honor, Salute!*, all while enjoying a traditional American breakfast. Dolly Ireland, MSN, RN, CAPA, CPN, FASPAN, will present her talk entitled, *Reflecting on the Past, Collaborating on the Future: YOU can BE the Difference!* **Preregistration with an additional fee is required.**

President's Reception

Sunday, April 30: 7:00 pm – 9:00 pm: All conference participants are invited to join ASPAN President Connie Hardy Tabet and other ASPAN leaders to celebrate the achievements of the past year. Music, light fare, cash bar, and dancing. Come dressed in your favorite "party attire."

Closing Breakfast, Closing Ceremony, and Closing Keynote Speaker

Monday, May 1: 7:00 am – 10:00 am: Close your conference experience with the Closing Breakfast, installation of new ASPAN officers along with incoming ASPAN President Alphonzo Baker, DNP, RN, CAPA, as he shares his vision and inspiration going forward. See a preview to the 2024 National Conference in Orlando, Florida. Stay for the closing address by Brad Neider, MD, as he sends you laughing all the way home with *Laughter is the Best Medicine*.

→ The Closing Breakfast is free to full conference registrants, but you DO need to register ahead of time on your conference registration form

Postconference Education

Monday, May 1: 12:30 pm – 5:00 pm: Terry Clifford, DNP, RN, CPAN, CAPA, FASPAN, will present *The Heart and Science of Practice.*

Preregistration with an additional fee is required for the Postconference Education.

Component Corner and Other Group Meetings

TSPAN (and All TENNESSEE Attendees): Meet for a quick welcome and group picture. **Thursday, April 27, 6:30 pm** lobby area just outside of "The Happening." And **Friday, April 28, 7:00 pm** outside the Exhibit Hall. For more info text: Chris Buck 865-387-3863 or Jamye Gilliard 931-624-2410.

REGION I: Meet & Greet on **Friday**, **April 28**, **7:30 pm-9:00 pm** at the Gaylord Mountain Pass Sports Bar and Grill on the upper level. Mingle with RMPANA attendees and other Region 1 component members. Appetizers will be provided with a cash bar available.

RMPANA: Saturday evening April 29, there will be an informal RMPANA Get Together with location to be determined. Come to the hospitality desk during conference and see a RMPANA volunteer or check out the daily "PArtiCUIArS" for more details.

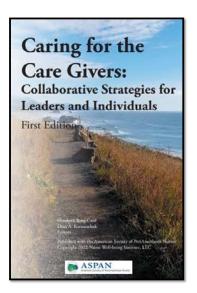


ASPAN is hosting a NEW BOOK release for conference attendees! Authors available in ASPAN shoppe for limited book signing!

A unique evidencebased practice strategies to improve perianesthesia nurses' welbeing and their work environment

Limited quantity available at national conference

National Conference price \$24.99
Bundle of three books \$ 23.99/book
Bundle of five books \$ 22.99/book
After conference \$26.99/book plus shipping



Book Signing Times for Authors

ASPAN Shoppe Hours

Days and times	Authors
Thursday	Peggy, Elizabeth & Dina- 1-1:45pm
1pm-5pm	
Friday	Peggy, Dina & Elizabeth 1-2PM
noon-2PM	
7-8PM	
Saturday	Elizabeth & Dina 745-845am
745-845am	
Noon-2pm	
5-6PM	Elizabeth & Connie 5-6PM
Sunday	Peggy 745-830AM
745-845am	Connie noon – 2pm
Noon-2PM	

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News Items for National PArtiCUIArS

Please email news items to bgodden@aspan.org. You may also drop items in the box by Registration when you are at conference. Items MUST be submitted by 10:00 am to be included in the NEXT day's newsletter.

May be edited for space and conciseness.

→ National Particulars will be emailed to all conference registrants and posted on ASPAN's website. The newsletter will NOT be printed ←